

## Time Management Workshop

Do you wonder where all the time goes? Or how on earth you are going to get all those things done that need doing? Always feel like there aren't enough hours in the day? Take control and learn how to manage your time effectively!

In this hand-on workshop, you will be presented with easy to follow concepts and tools that will change the way you operate. It is time to start challenging the way you manage your day, week or even year. You will be taken through logical steps to help show you how you and your team can be more effective straight away. Combined with some accountability, you'll find this workshop fun, interactive and results orientated.



**Presented by:** Jamie Cunningham, ActionCOACH business coach  
**When:** Thursday March 1, 2012 8am – 10am  
**Where:** GVCA, 25 Sheldon Drive, Cambridge  
**Cost:** \$150 +HST per member, \$200 +HST per non-member

**Space is limited, please register early**

### Registration Form

Company Name \_\_\_\_\_

Contact Name \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Attendee(s) \_\_\_\_\_

Attendee(s) \_\_\_\_\_

**METHOD OF PAYMENT**

- Cheque
- Credit Card
- GVCA Account



**Member Price: \$150.00**  
**Non-Member Price: \$200.00**

\_\_\_\_\_ Attendee(s) @ \$ \_\_\_\_\_ each \_\_\_\_\_

**HST (R107447609)** \_\_\_\_\_

Cardholder \_\_\_\_\_

3 digit security number from back of card \_\_\_\_\_

**Total Due** \_\_\_\_\_

Credit Card # \_\_\_\_\_

Exp Date \_\_\_\_\_

Signature \_\_\_\_\_

The cardholder agrees to pay the issuer of the charge card the amount in accordance with the cardholder's agreement